



**The City of Dharma Realm  
Instilling Goodness Elementary School &  
Developing Virtue Secondary Schools**

法界聖城育良小學培德中學

1029 West Capitol Avenue West Sacramento, CA 95691

Phone: (916) 374 – 8268 Email: [info@cdrigdvs.org](mailto:info@cdrigdvs.org)



---

---

**The City of Dharma Realm Instilling Goodness Elementary and Developing Virtues Secondary Schools  
COVID Safety Plan for Spring Semester, 2021**

- I. **Cleaning and Disinfection:** All shared surfaces will be disinfected with Clorox wipes (or equivalent strength cleaner) in between classes when desks are shared and/or when applicable.
- II. **Cohorting:** Students will be kept in small, stable groups with fixed membership that stay together for all activities including instruction, lunch, recess, etc. and minimize contact with other groups or individuals who are not part of the cohort.
- III. **Entrance, Egress, and Movement Within the School:** The movement of students, staff, and parents will be managed to avoid close contact and/or mixing of cohorts. *(Most of our teachers are Buddhist nuns who reside on the temple grounds, on which the school is located. Therefore, there is very limited to minimal contact with outsiders as our gates are locked during the day since the shelter-in-place order back in March 2020 due to COVID-19 pandemic. It has remained so currently.)*
- IV. **Face Coverings and Other Essential Protective Gear:** All students and teachers will be wearing facial coverings and/or masks when inside classrooms. The teachers will also be provided face shields if and when masks interfere with teaching, and will stay at least 6 feet from all students in classroom.
- V. **Health Screenings for Students and Staff:** Each student and teacher will have his/her temperature taken each morning before start of classes at the Flag Ceremony. The temperatures will be recorded and assessed. Anyone with a temperature greater than 100.4 F will be excused from attending class and separated from others immediately. Depending on the symptoms, the school administration may initiate testing for COVID-19. The individual will be isolated for the duration until the test results return, or for at least 10 days if asymptomatic with or without positive test results. Criteria for isolation and/or COVID-19 testing include, but are not limited to, fever greater than 100.4, along with symptoms of cough, sore throat, general malaise, fatigue, shortness of breath, difficulty breathing, muscle or body aches, new loss of taste or smell, congestion or runny nose, nausea or vomiting, and/or diarrhea. If any of the above symptoms are present, the student and /or staff will be excused from school and quarantined according to the above described scenarios for fever.



**The City of Dharma Realm**  
**Instilling Goodness Elementary School &**  
**Developing Virtue Secondary Schools**  
法界聖城育良小學培德中學

1029 West Capitol Avenue West Sacramento, CA 95691  
Phone: (916) 374 – 8268 Email: [info@cdrigdvs.org](mailto:info@cdrigdvs.org)



- 
- VI. **Health Hygiene Practices:** There are hand washing stations in the restrooms next to classrooms that are readily available to students. Each classroom will have a hand sanitizer at the Teacher's desk. Students are also encouraged to bring their own hand sanitizers to be placed at their individual desks for frequent usage as needed throughout the day. We will also have a desk in each classroom designated to each student who will use the same desk for the entire semester to minimize cross-contamination.
- VII. **Identification and Tracing of Contacts:** If there is a confirmed COVID-19 case, the school will have designated staff persons to support contact tracing by creating and submitting lists of exposed students and staff to local health department and notification of exposed persons. We have designated Tammy Wu as the contact at school for local health department to contact regarding COVID-19.
- VIII. **Response to Confirmed COVID-19 Infections:** When someone is identified as a positive COVID-19 case at school, at the time of identification, the following actions will be taken:
1. The positive case will be isolated immediately from school for at least 10 days from symptom onset date, or if asymptomatic, 10 days from the date the specimen was collected for the positive test.
  2. A notice developed in collaboration with the Yolo County Health Department will be sent to parents and staff to inform them that a positive case of COVID-19 has been reported and that the school will work with the Yolo County Health Department to notify exposed people.
  3. Cleaning and Disinfection of the classroom and primary spaces where the individual testing positive for COVID spent significant time will take place within 24 hours of identification.
  4. If applicable, online/distance learning will be implemented for student cases if they are well enough to participate.
  5. The individual testing positive will be interviewed to identify the infectious period and whether the person was infectious while at school.
  6. Household and community close contacts will be identified to the best of our ability
  7. All close contacts at school will be notified and instructed to following the CDPH COVID-19 Quarantine Guidance. We will recommend that all close contacts be tested as below:
    - a. Symptomatic contacts will be prioritized for immediate testing (see below **XII – Testing of Students and Staff** for site and location of testing for school staff and students)
-



**The City of Dharma Realm  
Instilling Goodness Elementary School &  
Developing Virtue Secondary Schools**

法界聖城育良小學培德中學

1029 West Capitol Avenue West Sacramento, CA 95691  
Phone: (916) 374 – 8268 Email: [info@cdrigdvs.org](mailto:info@cdrigdvs.org)



- 
- b. Asymptomatic contacts will be recommended to be tested 5 to 7 days from last exposure.
8. Yolo County Health Department will be notified of household and community close contacts.
- IX. **Reporting to Local Health Department – Positive Case:** We will notify the Yolo County Health Department and Health Officer within 24 hours of confirmed positive COVID-19 case on campus via email and telephone: (Dr. Mary Ann P. Limbos, MD, MPH (530) 666-8337; FAX: (530) 666-1283; Mary Ann Limbos [MaryAnn.Limbos@yolocounty.org](mailto:MaryAnn.Limbos@yolocounty.org), Larissa May [Larissa.May@yolocounty.org](mailto:Larissa.May@yolocounty.org); Brian Vaughn [Brian.Vaughn@yolocounty.org](mailto:Brian.Vaughn@yolocounty.org), Eric Will [Eric.Will@yolocounty.org](mailto:Eric.Will@yolocounty.org), Kevin Saldana [Kevin.Saldana@yolocounty.org](mailto:Kevin.Saldana@yolocounty.org), Jonathan Bartlett [Jonathan.Bartlett@yolocounty.org](mailto:Jonathan.Bartlett@yolocounty.org)). The reported information will include the following:
1. Full name, address, telephone number, date of birth of the individual who tested positive
  2. The date the individual tested positive and the name of the school
  3. The full name, address, and telephone number of the person making the report
- X. **Physical Distancing:** Each student will be spaced at least 6 feet apart while in classrooms. Students will be discouraged from being in one another's proximity of less than 6 feet even during recess or in between classes. Additionally, the teachers may wear a face shield when teaching when and if appropriate.
- XI. **Staff Training and Family Education:** The students and staff will be continually trained on physical distancing, facial covering, general and hand hygiene practices throughout the semester to ensure compliance. Signs have been posted in strategic locations to remind teachers and students of these practices.
- XII. **Testing of Students and Staff:** School administration will ensure that students and staff who have symptoms of COVID-19 or have been exposed to someone with COVID-19 will be rapidly tested and given proper instructions for isolation until the results are available. We do not plan on testing the staff or the students on regular intervals given the isolation of our campus and temple grounds as well as the small student and staff population. We have zero to very few outsiders coming to the temple grounds, and students are typically nowhere near the Reception office where the outside personnel checks in. Therefore, the possibility of exposure on temple grounds is extremely low and periodic testing may not be fruitful or practical. If an individual (student or staff) manifests symptoms suggestive of COVID-19, he/she will be escorted back to and quarantined in his/her room immediately until test results for
-



**The City of Dharma Realm  
Instilling Goodness Elementary School &  
Developing Virtue Secondary Schools**

法界聖城育良小學培德中學

1029 West Capitol Avenue West Sacramento, CA 95691  
Phone: (916) 374 – 8268 Email: [info@cdrigdvs.org](mailto:info@cdrigdvs.org)



---

COVID-19 return and/or for a duration of at least 2 weeks, whichever is longer. The two testing centers to be used for COVID-19 testing are as follow:

- a. CVS Pharmacy located at 3710 Franklin Blvd., Sacramento, CA 95820 (~ 10 min. drive from campus)
- b. UC Davis Medical Center at 2315 Stockton Blvd., Sacramento, CA 95817 (~ 12 min. drive from campus)

Additionally, depending on the circumstances as well as the presenting symptoms of the individual, if there are any signs and symptoms suggesting need for medical intervention and treatment, 911 will be activated and UC Davis Medical Center will be the choice option.

XIII. **Triggers for Switching to Distance Learning:** The criteria used to determine when to physically close the school and prohibit in-person learning will be the following:

- a. Within a 14-day period, an outbreak has occurred in 25% or more stable groups in the school
- b. Within a 14-day period, at least three outbreaks have occurred in the school AND more than 5% of the school population is infection.
- c. If everyone tests positive for COVID-19, then the school will close completely for at least 2 weeks, or until full recovery of all students and staff, whichever is longer and needed. Once all staff and students have recovered and test negative, in-person classes may resume.
- d. If there is a cluster outbreak within the school, we will collaborate with the Yolo County Health Department to investigate to determine potential common exposure at school, including the following:
  - i. provide a line list of all school cases and contacts, including illness onset date, symptoms, date tested, test results.
  - ii. Identify which classes and stable groups had confirmed cases or symptomatic students and staff members, as well as any recent events or gatherings involving cases or symptomatic persons.

XIV. **Communication Plans:** The School administration team will communicate with students, staff, and parents about cases and exposures at the school, consistent with privacy requirements such as HIPAA,



**The City of Dharma Realm  
Instilling Goodness Elementary School &  
Developing Virtue Secondary Schools**

法界聖城育良小學培德中學

1029 West Capitol Avenue West Sacramento, CA 95691

Phone: (916) 374 – 8268 Email: [info@cdrigdvs.org](mailto:info@cdrigdvs.org)



---

along with the additional information provided above in **VIII - Response to Confirmed COVID-19 Infections, line 2.**

- XV. **Reporting to CDPH- In-Person Learning on Campuses:** Beginning January 25, 2021, we will report online via web form made available by the California Department of Public Health every other Monday if we are continuing with in-person teaching. We will continue until this directive is modified or rescinded.